

Mindful Melbourne and Green Bamboo Sanghas present:

Health and Happiness

-taking care of our health brings happiness



a talk by Brother Phap Lu, Le Van
and Brother Phap Lieu, Leo

Wednesday, October 12/2011, 6.00 - 8.00pm

At RMIT Spiritual Centre, Melbourne

Level 3, Building 11 (Old Melbourne Gaol) City Campus,

Map <http://mams.rmit.edu.au/ah5hshrpo0ky.pdf>

Free of charge, open to all - donations welcome.

For more information contact Myly on 9925 3602

Brother Phap Lu, Le Van, Dharma Teacher at Plum Village in the tradition of Zen Master Thich Nhat Hanh, was trained as a Medical Acupuncturist, graduated from Poitiers Medical School, France.

Brother Phap Lieu, Leo, Dharma Teacher at Plum Village in the tradition of Zen Master Thich Nhat Hanh, was a Cardiologist, graduated from Medical School in Montpellier and Poitiers, France.

- **3-day retreat**

Health and Happiness Retreat - in English & Vietnamese

Where: Nhập Lưu Meditation Monastery, Beaufort, Vic 3373

When: 2pm Friday 14/10/2011 to 4pm Sunday 16/10/2011

How much: \$100, student/concession \$80, one day only \$30.

Inquiries: Ian 0419 581 784, Mr. Thang 9381 0838

- **Other dharma talk**

Where: AVWA, Australian-Vietnamese Women Association, - 30-32 Lennox St Richmond Vic 3121

When: Wednesday 12/10/2011- from 10am-3pm

Inquiries: 9428 9078 or 9381 0838

<http://greenbamboosangha.blogspot.com>